



Panther Power Corporation

A world transformed from inside Out

Accelerated Leadership Development for New Supervisors

Employees who are new to supervising individuals need to develop a new set of skills to help create an enabling environment for their team members. This training program incorporates two powerful evidence-based approaches: Emotional Intelligence and HeartMath techniques delivered over six sessions, one to two weeks apart. Participants will be able to apply techniques immediately after the first training session with each training session equipping them with more advanced approaches than the last one.

Who Should Attend

Employees new to the role of supervising others or who require a refresh on leadership concepts. By developing powerful approaches, they will become pace-setters of authentic leadership culture within the organization.

Training Objectives

By the end of the seven-session program, participants will:

- Improve their level of resilience and ability to self-regulate
- Become familiar with the four dimensions of Emotional Intelligence
- Practice evidence-based techniques for self-regulation
- Appreciate the value of appropriate vulnerability in connecting with others
- Improve their ability to articulate their views constructively
- Enhance their capacity for creating nurturing relationships with others
- Be able to handle stressful situations with composure
- Improve their ability to make intelligent and appropriate decisions under pressure
- Practice heart-mind coherence building techniques which improve productivity, enhance the ability for out-of-box thinking and build resilience in all aspects of the self

Methodology and Approach

The teaching methodology of this course combines formal theoretical instruction in Emotional Intelligence and HeartMath Concepts with frequent reference to actual workplace scenarios. The course is designed to be practical and interactive, with plenty of opportunities to ask questions. Participants will be required to practice concepts from each session and be prepared to share their experiences (without breaching personal confidentiality) during subsequent sessions. The program will unfold in the following way:

- Training is delivered in seven sessions held one to two weeks apart between sessions
- Each session will be between two-and-a-half to three hours in length with short comfort breaks as required
- Sessions will be held at the client's location to minimize employee travel time
- Sessions may be customized in format, content, and delivery according to the needs of the client

About the Facilitator

Shamir S. Ladhani, P.Eng., M.Eng



Shamir is a former Vice-President of ENMAX Power Corporation with over twenty years of experience in managing professional, trades and administrative staff. He is a transformational leader whose mastery of motivating and inspiring others helped his team successfully navigate through shifting organizational and regulatory changes. Shamir left ENMAX in 2014 and founded Panther Power Corporation to pursue his passion for inspiring others in tapping into their highest potential. He is an international speaker, a leadership trainer, and a senior management consultant. He has been invited to deliver workshops in Canada, United States, Europe, and Mexico (see his LinkedIn profile - <https://www.linkedin.com/in/shamirladhani/>).