



Panther Power Corporation

A world transformed from inside Out

Leadership in Motion: Cultivating Emotional Intelligence

The *Leadership in Motion* training program introduces participants to Emotional Intelligence (EI) concepts and gives them a hands-on opportunity to apply its four dimensions, namely, Self-Awareness, Self-Management, Social Awareness, and Relationship Management.

Participants will play the Emotional Intelligence game to entrench their understanding of concepts and develop their ability to articulate with clarity, compassion, and respect, especially during a stressful or a conflict type situation. Workshop content will be customized to address the challenges and issues faced by the client.

Who Should Attend

Employees whose roles require them to engage a diverse group of stakeholders, especially under stressful conditions. By developing powerful EI approaches, they will become pace-setters and role-models of the leadership culture within the organization.

Training Format

This module will be delivered at client location for up to 20 participants in one three-hour session. The workshop involves a combination of theory and practice exercises in Emotional Intelligence concepts with frequent reference to actual workplace scenarios. The course is designed to be practical and interactive, with plenty of opportunities to ask questions. Participants will be provided with practice exercises to continue developing their Emotional Intelligence depth after the workshop.

Training Objectives

By the end of the three-hour session, participants will:

- Gain familiarity with the four dimensions of Emotional Intelligence and relate them to their personal and professional settings
- Improve ability to articulate their views constructively thereby fostering a collaborative environment
- Enhance their capacity for creating nurturing relationships with others
- Be able to articulate with poise, empathy, and appropriateness under stressful situations

About the Facilitator

Shamir S. Ladhani, P.Eng., M.Eng



Shamir is a former Vice-President of ENMAX Power Corporation with over twenty years of experience in managing professional, trades and administrative staff. He is a transformational leader whose mastery of motivating and inspiring others helped his team of fifty-four to navigate through shifting organizational and regulatory changes successfully. Shamir left ENMAX in 2014 and founded Panther Power Corporation to pursue his passion for empowering others to tap into their highest potential. He is an executive coach and has been invited to deliver training programs, workshops, and lectures in Canada, the United States, Europe, and Mexico.

